

VOICE OF THE RESIDENTS

VOL. XVIII, NO. 9

BROADMEAD, COCKEYSVILLE, MARYLAND

MAY, 1997

Frances Flanigan on "What is the Future of the Chesapeake Bay?"

by Julia Metcalf

On April 3, Frances Flanigan, Executive Director of the Alliance for the Chesapeake Bay, reviewed the Bay's degradation of the last few decades and the efforts to save and restore it. In 1975, due principally to the efforts of Maryland's Senator Charles Mathias, an allocation of \$5 million a year for five years was made to the newly-established Environmental Protection Agency to begin the restoration of the Bay. The EPA had no experts on Bay problems, no data base of its condition, and no knowledge that the Bay, its tributaries, and its entire 64,000-square-mile watershed must be treated as a "system."

In December, 1993, the governors of Maryland, Pennsylvania, and Virginia, and the mayor of the District of Columbia, with the cooperation of the EPA, launched a five-objectives program to restore the Bay: 1) develop a data base on the condition of the Bay and how the system works; 2) solve the major water quality problem in the Bay—eutrophication, i.e., the depletion of the water's dissolved oxygen content due to overnourishment by nitrates and phosphates; 3) control the influx of toxics from such "hot spots" as the Patapsco basin; 4) establish an aggressive fishery-management program; 5) restore the submerged aquatic vegetation (SAV's); loss of SAV's probably caused the balance of beneficial and harmful components in the water to shift negatively.

Since then, considerable progress has been made, but not without considerable difficulties. The governors, using tax money, have been primarily responsible for funding the program, but many contributions have come from local governments, industry, private citizens, and citizens' organizations.

The chief sources of nitrate and phosphate pollution are sewer systems, certain industries, and farms. Maryland has made major efforts to update all the large sewage plants and many of the smaller ones. The state now removes 95% of the nitrates and phosphates from the effluent. Farms produce vast

Barn Sales Top \$30,000

Fiscal Year's Preliminary Figures

Encourage Sponsors Of Annual Event

First news released from Barn Sale Headquarters last Saturday showed receipts from the Fall 1996 and the Spring 1997 events reached \$30,975.

Of this, \$18,855 was generated in the Fall and \$12,120 was collected last week.

At least 125 Residents volunteered time to prepare for and conduct the Sales. Many Residents contributed clothing, jewelry, and household goods which were sold at attractive prices. Proceeds support Resident activities such as lectures and concerts and portions go to community charitable causes.

—Marjorie F. Scott, Chairman

amounts from fertilizers, pesticides, and manure. All these pollutants must be kept out of streams and water tables. The programs for controlling this kind of pollution are only voluntary for farmers; there are few if any regulations. Industry has done some good work, but the organizations attempting to enforce the Clean Water Act and the Toxic Control Act constantly are having to pressure industry to stop using our waterways as waste disposal systems.

Areas where we have made little or no progress: 1) individuals are a chief source of pollution and of air and water degradation with our vehicle emissions, excess use of fertilizers and pesticides, and overuse of water; 2) our farmland, open space, wetlands, and forests are being sacrificed to development; to sprawl; 3) the unseen and ever-pervasive pollution in the airshed over our waters is largely ignored. This pollution comes not only from local sources but from vast distances on the wind; 4) small watersheds, such as heads of creeks, need concentrated attention from organizations of citizens who live in the watersheds to prevent pollutions from entering these feeder streams; 5) the life in the Bay has improved very little; some finfish are increasing in numbers, but crabs and oysters are not.

Broadmead Welcomes . . .

by Betsy Griffin

VERA (Miller) RYSANEK CARNES

(Mrs. Francis) D-9 410-527-9889 March 1997

Vera is a native Baltimorean who attended Bryn Mawr School, Eastern High School, and William and Mary College. Soon after college she married a young obstetrician and raised their son. Following the death of her first husband, she married an insurance executive and is currently widowed for a second time. Her son was employed by IBM for many years before retiring with his wife and two children to Raleigh, North Carolina.

Vera has served as a volunteer at Franklin Square Hospital, Greater Baltimore Medical Center, and Mercy Hospital and helped at McDonogh School functions when her son was a student there. She was formerly an avid golfer. She enjoys bridge and may volunteer where needed at Broadmead.

Newest Arrivals . . .

soon to be welcomed are:

Ellen Bedford	E-1	410-584-8209
Bill and Marice Eddison	D-5	410-329-1877
Donald Frank	P-9	410-785-5328
Irv Goldberg	G-12	410-584-1299
Paul and Esther Harper	B-6	410-785-2275
Elizabeth Stoddard	F-4	410-527-0023
Ruth Wylie	G-2	410-785-5327

HEALTH EDUCATION COMMITTEE

Betsey Spragins, Chairman

Tuesday, May 13, 11:00 a.m.

**COMMON DIGESTIVE DISORDERS AND
THEIR TREATMENT**

Doctor Ibrahim Razzak, *Director*

G. B. M. C. Digestive Disorders Center

* * *

Seniors: Leading Carriers of AIDS

Hearing AIDS

BandAIDS

RoIAIDS

Walking AIDS

Medical AIDS

Government AIDS

(Kindness of Nancy Grant) 2

In Memoriam

JAMES J. ANDERSON

May 21, 1915 - March 22, 1997

ROBERT A. WINGARD

April 23, 1912 - April 8, 1997

MARY K. BROWN

April 18, 1913 - April 14, 1997

EDNA A. SPARKS

January 13, 1913 - April 15, 1997

VESPERS

+

Sunday, May 18, 1997

4:30--5:00 p.m.

in the Lounge

+

The Rev. James Hodge

First Presbyterian Church

Bel Air, Maryland

Everyone welcome.

* * *

Novel Theology

by ELSA LUNDGREN, Chairperson

* * *

Beloved

Toni Morrison

Reviewed by The Reverend Carl Edwards

Monday, May 5, at 11 a.m. in the Auditorium

Everyone Welcome

Conservation Coup

The Conservation Committee is pleased with the results of its survey of Residents concerning the written menu cycle. The printing for the present cycle took only one-fourth as much paper. If you did not receive a copy and want to be on the list, pick up a request form at the reception desk.

—Lloyd Tyler

Let's Dance!

Big Bands of Yesteryear in Stereo

Eddie Slaughter, *Chairman*

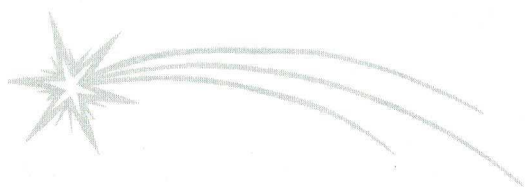
Dances held on the **SECOND** Monday each month.

Please mark your calendar now!

Come to dance, or just to enjoy the music.

7:00 P.M. in the Lounge

MONDAY, MAY 12th



John De Hoff

What a Heavenly Body!

At four o'clock in the morning of March 17, nine hardy Residents of Cluster N—Ceal Chandler, John De Hoff, Becky Henderson, Edith Hunter, Gail and Mid Rinehart, Agnes Visy, and the Slaughters—braved the frigid pre-dawn temperature of 24 degrees to view the Comet Hale-Bopp as in all its glory it sank in the northeastern sky.

Of course, John De Hoff thought to bring his camera with flash to record this unusual gathering, viewing this once-in-our-lifetime event.

On clear evenings since then, many Residents have seen the comet in the northwestern sky after sunset, where it can still be seen until mid-May when it moves closer to the sun. It will have faded from sight by the end of May.

Hale-Bopp, a ball of ice 25 miles in diameter trailing a wonderfully long tail, will not be visible to earthlings again for 2,400 years!

—Chris Slaughter

MOVIES ON TUESDAYS AT SEVEN.

by Jeanne Stephenson, *Chairman*

5/6 COURAGE UNDER FIRE 1996 101 min.

Denzel Washington, Meg Ryan

Shot down, Meg Ryan, a Medical Corps helicopter pilot in Desert Storm, defends her crew until they reach safety. Denzel Washington investigates the incident and Ryan is awarded the Medal of Honor posthumously.

5/13 MONKEY BUSINESS 1952 97 min. ***+

Ginger Rogers, Cary Grant, Charles Coburn, Marilyn Monroe

Grant discovers rejuvenation serum which affects him, wife Rogers, boss Coburn, and secretary Monroe in this zany comedy.

5/20 BIG NIGHT 1997 109 min.

Isabella Rossellini, Stanley Tucci, Minnie Driver, Ian Holm, Tony Shalhoub

On the Jersey shore, two brothers struggle to keep their superb Italian restaurant in business. A competitor, Pasqual, suggests they put on a big dinner for the musician, Louis Primo. This "big night" will make or break them.

5/27 SECRETS AND LIES 1997 144 mins.

Brenda Blethyn, Timothy Spall, Marianne Jean-Baptiste

Nominated for best picture Oscar; Brenda Blethyn nominated for Oscar for best actress. Young black woman, seeking her birth mother, is shocked to discover her mother is white. Resulting chaos leads to a series of secrets and lies. Poignant, heartwarming.

Alt. STRANGERS ON A TRAIN 1951 101 min. 4*

Farley Granger, Robert Walker, Ruth Roman, Leo Carroll, Marion Lorne

Walker gives his finest performance as a psychopath involved with tennis star Granger in "exchange murders." Lorne is unforgettable as doting mother. Merry-go-round climax.

* * *

Camera Club Meeting

Friday, May 9th

in Lower Lounge - 10:30 a.m.

**Watch Bulletin Board for details
Everyone Invited!**

SATURDAY PROGRAM OFFERINGS

by Charles Hobelmann, Chairman
General Program Committee

Saturday, May 3, 7:15 p.m.

PAUL NEWMAN

"The Story of Knights' Armor"

Saturday, May 17, 7:15 p.m.

THE CANDLELIGHTERS

A three-part harmony ladies singing group

* * *

THURSDAY OPEN FORUM

by Nydia Finch

May 1 - 10:30 a.m.

Speaker: Aura Kanegis

Lobbyist for Friends Committee
on National Legislation

Topic: U. S INDIAN AFFAIRS

May 15 - 10:30 a.m.

Speaker: The Hon. Helen Delich Bentley

Consultant to Maryland Port Authority;
former Congresswoman

Topic: PRESENT STATUS AND FUTURE
PROSPECTS FOR THE PORT

May 22 - 10:30 a.m.

Speaker: Treopia Washington

Director, Educational Outreach

Topic: COLUMBIA CENTER

* * *

CONCERTS IN THE LOUNGE

Residents Association Music Committee

Judy Johnson, Chairman

Sunday, May 4, 1:45 p.m.

Mary Anne Evangelista, *Soprano*

Sunday, May 11, 1:45 p.m.

Music Americana

Victorian Dance Ensemble

Music, costumes, and dance of Civil War era

Directed by Steven Adamski and Tom Foster

Sunday, June 1, 1:45 p.m.

Karen & David Bakkegard, *English horn, with piano*
to celebrate Sarah Cooper's birthday



GENERAL

Ambrose, Stephen E. Undaunted courage. 1996.

Armstrong, Karen. A history of God. 1993.

Baker, James Addison. The politics of
diplomacy. 1995.

Clifford, Denis. Plan your estate with a
living trust. 1992.

Crowe, Adm. William James. The line of
fire. 1993.

Jacob, Oswald. The backgammon book.

Meeks, Wayne A. The origins of Christian
morality. 1993.

Price, Charles. The American golfer. 1964.

Reed, Ralph. Politically incorrect. 1994.

Rossell, John E. History of the Maryland
Hunt Cup. 1954.

Ruetz, Michael. Scottish symphony. 1985.

Schiffman, Lawrence H. Reclaiming the
Dead Sea scrolls. 1994.

Straus, Barrie Ruth. The Catholic Church.
1992.

Tada, Joni Eareckson. When is it right to
die? 1992.

Updike, John. Odd jobs. 1991.

Taylor, Alan. William Cooper's town.
1995.

Walker, Claire Groben. The psychic revo-
lution of the 20th century
1995.

Zweig, Martin. Winning on Wall Street.
1994.



FICTION - MYSTERY

Clark, Mary Higgins. Moonlight becomes
you. 1996.

Cornwell, Patricia Daniels. The body farm.
1994.

Dexter, Colin. Morse's greatest mystery.
1993.

Forsyth, Frederick. Icon. 1996.

Francis, Dick. Come to grief. 1995.

Francis, Dick. To the hilt. 1996.

Gilman, Dorothy. Mrs. Pollifax and the
second thief. 1993.

Grisham, John. The runaway jury. 1996.

Harris, Robert. Enigma. 1995.

Le Carre, John. The tailor of Panama.
1996.

MacLeod, Charlotte. Exit the milkman. 1996.

Morice, Anne. Design for dying. 1988.

Morice, Anne. Fatal charm. 1989.

4 Perry, Anne. Cain his brother. 1995.

Trail Day

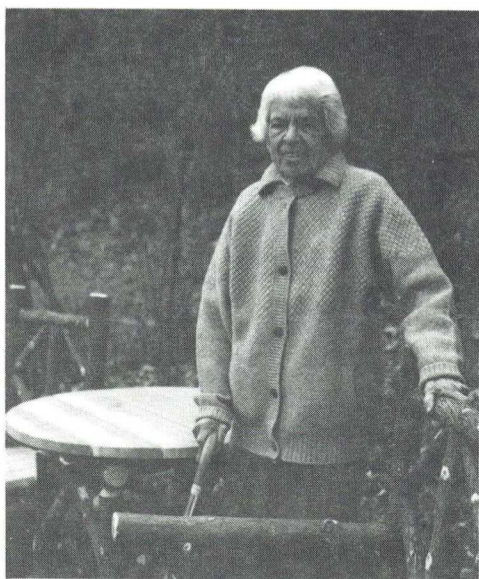
by Sarah Cooper

"So here hath been dawning another blue day," was part of an inspirational message in my elementary school speller. "Think, wilt thou let it slip useless away?", it continued. That little message always made me feel guiltily useless. Trail Day was different. It was, thank heaven, "another blue day." But 108 people turned out to celebrate the beauty of spring and the fourteenth anniversary of the Trail itself.

There were the usual orange cones on Perimeter Road to slow traffic. There were willing helpers who signed people in, gave them maps of trails with lists of trees and bushes they could look for, served tea and coffee, distributed pencils, trail emblems, and trail mix, and accompanied anyone who needed a companion. Best of all there were the blooming plants and trees to lend color and variety to the whole scene.

Because we set our date earlier than usual, we saw different blossoms from last year. Mertensia, the Virginia bluebell, was in full bloom ringing half the Focal Point in blue. Trillium, jack-in-the-pulpits, rue anemone, Dutchman's breeches, Jacob's ladder, and hepatica also showed. Redbud trees more than earned their names, and dogwoods nearby were partially open. One day later, we might have seen bloodroot out instead of furred. Mayapple umbrellas were shooting up - no flowers yet.

Blue sky, trees leafing out, blossoms galore - "O frabjous day! Callooh! Callay!"



Lehman Guyton

Newest nonagenarian Sarah Cooper (J-16) with Trail furniture presented in her honor.

Saturday Night at the Movies - 7:00 p.m.

ZORBA THE GREEK

by Frank Hijikata

May 10th in the Auditorium

A brooding, flavorful rendering of Kazantzakis' novel about the friendship between a young English writer and Zorba, an itinerant and zesty Greek peasant, in Crete. Their lives are complicated with two romances: Zorba's with an aging courtesan and the Englishman's with a young widow. The movie won three Oscars. 1964. 146 mins. ***1/2

BILLY BUDD

May 24th

Based on Herman Melville's good vs. evil novella set in the British navy in 1797. A naive, incorruptible seaman is courtmartialled for the murder of the sadistic master-of-arms. The film deals with issues of morality. Peter Ustinov directed, produced, starred in, and co-wrote the script. 1962 119 min. ***+

THE LAST TEMPTATION OF CHRIST

May 31st

A thought-provoking and deeply-felt drama which speculates about Jesus' self-doubts when he realizes he has been chosen by God to carry his message. There are moments of great power and beauty and a genuine feeling for time and place that help make the story vivid and real. 1988 164 min. ***

* * *

Let's Sing!

with HARRY JONES

OLD FAVORITES

Thursday, May 8th at 7:00 p.m.

Mary Lou Moon and Jim Willan will be pianists

Come. Lift your voices in song!

* * *

Whodunit?

D. Thomas Crawford, M.D., our Medical Director at Broadmead, was honored on April 3 with the opening of the D. Thomas Crawford, M.D. Conference Center, newest building at Franklin Square Hospital. Doctor Crawford served as a long-time Medical Director and Director of Medical Education at Franklin Square and gave critical advice in the decision to move from Baltimore to the White Marsh location. Congratulations!

—The Mal Grosses

The Broadmead Writers Group

There are at least three reasons why the twelve members of the Writers Group write. The first is the reason Lisel Mueller, this year's Pulitzer Prizewinning poet, writes:

"I placed my grief
in the mouth of language,
the only thing that would grieve with me."

She began writing at the death of her mother. Our Esther Bennett, too, began writing out of her grief over the death of her sister. "I came home from her funeral," she told us, "and wrote for five days without stopping. I joined the writing group because I needed to know how to write memoirs." Her stories of Westtown School are a pure delight. Until she told us, we did not know they were written out of grief.

Maud Broyles's mother died in the 1918 'flu epidemic. Her father died when she was eight and she was left alone until "a neighbor took me in." She was deeply attached to a cousin, four years older than she, who died of Parkinson's disease. This very gifted writer tells her of her grief for her cousin in a collection of sonnets.

Abe Makofsky would probably not say that he writes out of grief, but he writes, he says, because his father, who came to America from what is now Poland, wrote. He wrote stories, newspaper articles, and books—in Yiddish, and all for free—no one paid him. Writing was a relief from the tedium of sweatshop labor in America's factories. Abe's wonderful stories fit no pattern. At the last session, someone asked him, "But how does it end?" "This is it," he said. "It *is* ended."

Abe taught anthropology at the University of Maryland. His children and grandchildren write. They, like Abe, are deeply concerned with social issues.

Lynn Buck who started the writing group is our only professional. She writes because she loves the challenge of putting words together. She's creative. She likes "making people up." She writes because she wants to leave something behind to survive her. She has published two books of poetry and a novel.

Augusta Shackford is a gifted letter writer. Her letters are so good that people save them and send them back to her "for posterity."

People write because they've had interesting lives and want to record them. Dick Doss started putting on paper his life as a doctor in Africa for the World Health Organization for a writing class at Johns Hopkins. That class assured him he *could* write, he says. He comes to the seminar to find his own sense of style and format. This is true of Rita Harper who grew up on Cyprus and survived the Turks to come to Mount Holyoke and marry a Harvard professor.

Nancy Rowe, too, strives to improve her writing techniques. She has been writing poems and verses since 1927. She loves the writing seminar. "It's so different from anything else at Broadmead."

Sarah Cooper writes because she once found it was just as cheap to go all the way around the world as it was to go to Thailand, meet her daughter, and then come back. She tells of a fascinating trip by motorcycle behind her Peace Corps daughter. I'd love to know the daughter of such a mother.

Esther Powelson writes of her life with her husband just after the war in Europe—her husband who could memorize long passages of the *Odyssey* in Greek and repeat it word for word years and years later.

Anthropomorphic bird stories, in which birds live in "open-air apartments," not on rock cliffs, were Emily Schlesinger's contribution. The stories began in her long hours of waiting, years ago, for children to finish piano or violin or flute lessons.

Barbara Hudson's poetry has all the fascination of her husband's magician's tricks, and more of her own. Why are they not already printed in some year's "Best Poems?" Is it because she never joined a writing group that told her how good she really is?

—Phyllis Tyler

DijiKnow

Claire Groben Walker, Ph.D., Charter Resident at Broadmead now living in California, has just published *The Psychic Revolution of the 20th Century and Our Psychic Sense*, based on the revision of her doctoral dissertation submitted in partial fulfillment of the requirements for her Ph.D.

* * *

Resident Josephine Jacobsen (T-366), recent Finalist in the National Book Awards, won the Poet's Prize, the only national award judged by a jury of poets. She now has the Robert Frost Gold Medal for Lifetime Achievement from the Poetry Society of America.

Open Forum...

Charles McMillion on "Trade Policy"

by Abe Makofsky

"Trading Away Good Jobs and High Wages" was the subject of a talk given by Dr. Charles W. McMillion on March 20. The speaker is the President of M.B.G. Information Services, a Washington-based business information analysis and forecasting firm. Dr. McMillion's past experience included extensive work as the staff director and chief economist of many committees of the United States Congress. Additionally, he is a former Associate Director and Chief Research Fellow of The Johns Hopkins University Institute for Policy Studies.

Dr. McMillion's main thesis, contrary to received wisdom, was that international trade policies of the United States have weakened the economy of our country. He cited figures on various components of our Gross Domestic Product to support this conclusion. In the import and export of merchandise in 1995, the United States suffered a \$188 billion deficit; and in 1996, the trade deficit is the largest in our history. Surprisingly, a major factor in the deficit arises from excess of imports in autos, semiconductors, and other electronic goods. Using our trade with Mexico as an example, he noted that even though no Mexican company builds cars, of automobiles made in Mexico by American and Japanese companies, many more are exported to the U.S. than other cars are sold in Mexico by our country. In fact, the only favorable trade balance the U.S. achieves comes from agricultural, aircraft, and chemical exports.

It was the speaker's contention that U.S. businesses look for the cheapest place to produce their goods and services. The cheap labor and production costs in less-developed countries lead to the flight of companies to these low-cost havens. This is not only the experience of our country; the same condition obtains for the European and Japanese economies. The latter countries are at this point experiencing very heavy unemployment. Another consequence for the U.S. is that those now entering the workforce will generally face lower salaries, wages, and conditions of work than did their parents and grandparents.

In the speaker's view, current trade policies were great for the post-World War II years. But those

favorable conditions disappeared in the 1970s. Now what is needed is a thorough overhaul of international trade policies. Until a thorough analysis is made of what is basically wrong with the present system, it is not yet possible to decide about all the components of a new system. Nevertheless, one element of the current weakness is plain: there needs to be a different approach in the trade relationships between two developed countries, in contrast to the agreements between a developed country and a less-developed one. Another element of the new approach is that wages and working conditions of the less-developed countries ought to progress to a better standard of living. This should be a critical part of any trade agreement.

Many questions were raised by the audience both during and after the meeting. It was apparent that Dr. McMillion's comments engendered much serious thinking about the state of the American economy.



OPEN BORROWING

At the back of the Seminar Room are two shelves of books belonging to the Nature Trail committee and the Bird & Nature Study group, and they are *yours* to use and enjoy.

You may borrow them for an unlimited time and without signing for them, but we do ask that you return them to their respective shelves when you no longer need them.

We appreciate receiving the Broadmead Library's surplus copies and the volumes which have been donated directly by Residents.

These mini-collections include field guides, biographies, anthologies, lexicons, stories, reference volumes and other sources of information about our natural world and the people who have known it so well.

Venture *into the field* with a field guide to help you identify birds or trees or wildflowers, Whether on our roads or trails, your walk could become an ADventure, leading you to enjoy future *re-adventures*.

-- Nancy Rowe and Marjorie Plitt

**Broadmead's Rob Keller talks about
INTEGRATED PLANT MANAGEMENT**

Healthy trees and shrubs are the best defense against insects, diseases, and other plant stresses. Over the years, research has developed environmentally sound and scientific approaches to plant care and pest suppression. This approach to plant health is commonly called Integrated Plant Management (IPM).

The main objective with IPM is a natural balance of beneficial organisms which include ladybird beetles, lacewings, predatory mites and nematodes. The goal of pest management should not be the eradication of all pests. No landscape can be totally free of such pests as Aphids, Mites, or Caterpillars for extended periods of time. A more reasonable management objective is to maintain pest populations below a damaging level. Low levels of pests may provide food for beneficial organisms. These beneficial organisms may help to control pests in the future.

With an IPM program, natural control agents are maximized. A great diversity and number of

beneficial organisms inhabit a landscape. When chemicals are needed to control harmful pests, there are several ways to reduce adverse effects on beneficial insects. First is to treat only plants or portions of plants that need treatment. Spot treatment has been shown greatly to reduce pesticide usage in the landscape. Second, apply a pesticide only at the time when it will be most effective against the target pest. For example, do not spray scale insects when most of the population is in the egg stage. Time the spray when the most vulnerable crawler stage is present. Most pests have specific times in their life cycle when they are relatively immune to control by pesticides. Selecting pesticides that are least disruptive to the beneficial organisms - such as horticultural oil, insecticidal soap and natural pyrethrums - keeps harmful pests and beneficial organisms in balance with minimal pesticide usage.

IPM utilizes nature's own ability to keep harmful pests at an acceptable level. With proper techniques, monitoring and timing of environmentally safe chemical sprays, control is attainable with little or no impact on beneficial insects.

VOICE of the RESIDENTS

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